

THE GREAT TALES OF

POPaE*

YE

9 days
of adventure,
learning and play
in the heart of
Transylvania.

cotunded
by EU →

+ după gard's
love & work



* Positive Pathways into the future youth exchange.

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DAY 1

ARRIVAL

WHO ARE YOU?

HELLO.

IN THE CLOUDY MOUNTAINS OF TRANSYLVANIA
ON THE 6th OF SEPT, 18 YOUNG SOULS FROM SPAIN
& ROMANIA GATHERED. AROUND A SHARED DREAM & A TOPIC
OF CURIOSITY: PERMACULTURE, AND HOW ITS PRINCIPLES
CAN GUIDE US INTO CREATING A MORE POSITIVE
FUTURE FOR US & THE EARTH WE ALL SHARE.



but first!

SOME LOGISTICS

☆ we discussed the YouthPass + Erasmus+

☆ & split into 4 care groups:

- ① CULTURE - focused on creating a final event to invite the community in Poșaga de Jos.
- ② COMMUNITY - to create a multicultural night in our group and exchange cultures between Spain & Ro.
- ③ SOCIAL - document & share our activities on social media
- ④ EARTH CARE - care for the spaces + tools we use.

REST OF THE DAY

BROUGHT

WE ENDED WITH A PIZZA!



gum!

and
a chance to gather
in a cozy barn + get
in touch with local culture & traditions
by watching the docu-mentaries beautifully
done by JJ (check them @ JJ Films & Culture
on YouTube)

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DAY 2

PERMA TALK



WHAT DO YOU KNOW ABOUT PERMACULTURE??

permanent culture, lifestyle, attitude, care??



1. PERMA DESIGN

using base maps of your land to design new systems based on

2. PERMACULTURE PRINCIPLES

👁️ OBSERVE + INTERACT

☀️ CATCH + STORE ENERGY

🍷 OBTAIN A YIELD

🌐 APPLY SELF REGULATION & ACCEPT FEEDBACK

🌱 USE & VALUE RENEWABLE RESOURCES & SERVICES

🚫 PRODUCE NO WASTE

💡 FROM PATTERN 2 DETAIL

& A FEW MORE TO DISCOVER...

look it up!

look it up!

3. PERMA ETHICS

all clear?

GOOD.

time for the 1st

DREAM

aka. OUR FIRST GROUPWORK, WHERE ~~GROUP~~ session.

WE DISCUSS POSITIVE PATHWAYS

FOR OUR FUTURE.



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DAY 3

CULTURED HIKE

ON
DAY 3 WE TOOK THE SHOW
ON THE ROAD!

WE VISITED A TRADITIONAL HOUSE
IN SÄLLIVA, WHERE WE LEARNED
ABOUT OLD TIME-Y CUSTOMS,
DECOR & FASHION.



THEN STOPPED
AT THE MONTHLY LOCAL MARKET
WHERE SOME ENJOYED OUR FINE
LOCAL CUISINE (MICI) &

BONDED WITH THE LOCALS
THROUGH MUSIC ♥

TIME CAME

also 4 our

16km
OMG

BIG HIKE !!!

in the mountains

HIGHLIGHTS:

- natural springs, wild horses, mystery mushrooms ✓
- more traditional houses ✓
- solo introspection time ✓
- helping neighbours w/ wood ✓
- bear poop !! (RUN) ✓



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DAY 4

COB PLAY

ALL GOOD MORNINGS
START WITH AN

INSPIRATIONAL
video.

CHECK IT ON YT!

Closer to home - Local Futures

helping us discuss the
concept of localization.

with dreamy minds & eyes we continued

with a visit @ FAMILIA LUPU'S
HOMESTEAD.

where we
saw actually
Smiling pigs

& got inspired by talks of self-
sufficiency, local producers and
visiting their traditional house.

JAR TEST!

ACTIVATED OUR

TEAM WORK

SKILLS

THE AFTERNOON
WAS ALL ABOUT

COB

water →
clay →
sand →

we learned how to test
the soil clay levels

& worked on our ANGER

by throwing cob at a
& helping thus with it's

issues
barn wall
renovation.

with a human chain of clay

DAY 5 BROUGHT
MORE KNOWLEDGE &
MOMENTS OF DREAMING.

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DAY 5

DRAGON DREAMING

BONUS: watched
JJs really cool doc
called GRANDPARENTS
introducing us
further to romani-
an culture +
traditions.

FIRST A QUICK INTRO TO THE

SADIM

METHOD OF DESIGN.

- then...
- ① Survey: what is?
 - ② Analysis: what can you do with it?
 - ③ design: base map plans
 - ④ implementation: doing it (planting)
 - ⑤ maintenance.

WE GOT INTRODUCED TO THE CONCEPT
OF DRAGON DREAMING (a beautiful
way to connect to visions of a
brighter future, look it up on YT) ★

⊕ HAD OUR FIRST
SMALL SOLO
VISION QUEST
BY A GROUP



WE ALSO WATCHED
A GREAT VIDEO INTRODUCING US TO ALL
THE PERMACULTURE PIONEERS, SUCH AS:

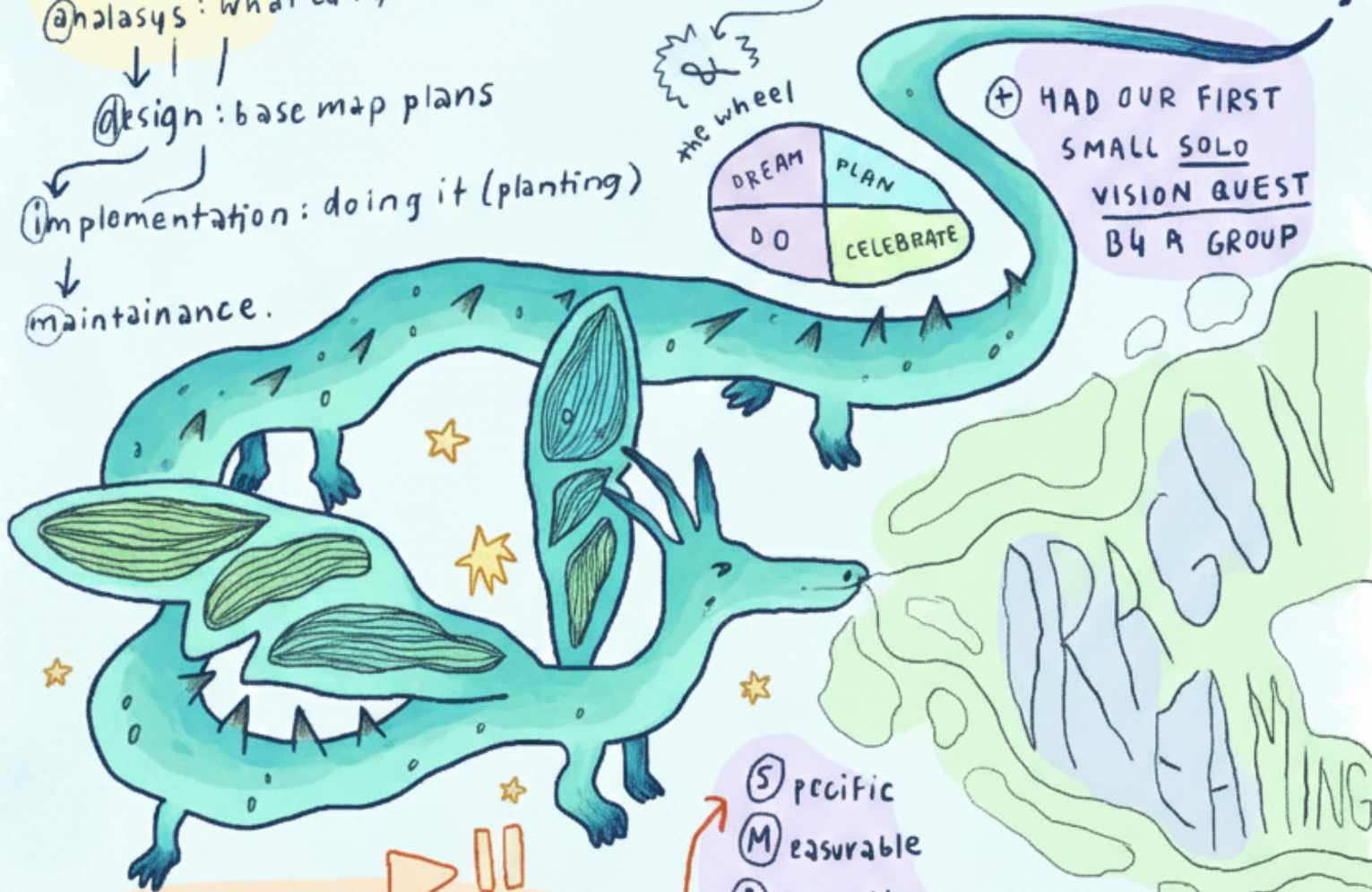
B. Mollison, D. Holmgren, M. Fukuoka,
V. Shiva, S. Holzer, R. Hart, A. Savory,
E. Hazelip, G. Lawton. ⊕ PONDERED
FORMAL VS NON-FORMAL EDUCATION.

⑤ Specific
④ Measurable
③ Achievable
② Relevant
① Timely

resulting in
3 groups, who
refined their visions with
the SMART method.

SMART

SESSION.



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DAY 6

WORLD RECORD

ON THE 6TH DAY WE BECAME ACCIDENTALLY

FAMOUS

FIRST IN TURDA, WHERE

WE VISITED THE LOCAL MARKET

AND PLAYED THE FLUTES IN THE STREETS

BRINGING JOY & PLAY. & VISITED

A SLOW FOOD * RESTAURANT.

THEN IN ALBA IULIA,

WHERE WE TOOK

PART IN BREAKING A WORLD RECORD IN THE

PROJECT Masa Care Uneste WHERE 10.000 PEOPLE

SHARED A MEAL AT THE SAME TABLE.

THERE, WE WERE INTERVIEWED BY A NATIONAL

NEWS CHANNEL, CONTINUED OUR ACROBATIC & MUSICAL

CIRCUS ACTS & VISITED THE BEAUTIFUL CITADEL OF ALBA IULIA.

* more on

SLOW FOOD

 in Turda:

THE RESTAURANT WAS STARTED BY A VERY COOL CHEF (Hatto)

WHO WAS TIRED OF SEEING SO MUCH FOOD WASTE

IN THE FANCY RESTAURANTS SHE WORKED AT. NOW SHE

WORKS WITH LOCAL PRODUCERS + MARKETS. CREATING

AN ETHICAL & AMAZING CULINARY EXPERIENCE.

check it
on google

Slow Food Turda

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DAY 7

MULTICULTURAL
DREAMING

DAY 7 STARTED
SLOOOOW...

Feat. beautiful-
ly oddly shaped
tomatoes from the
după gard gardens.

WITH SOME TOMATO CHOPPIN'
FOR GASPACIO, FOR OUR MULTI-
CULTURAL EVENT OF THE
EVENING.

IN THE AFTERNOON,

WE CONTINUED SHARING OUR

COLLECTIVE DREAMS!

CRAFTED ON DAY 5.

WE ALSO WATCHED A SLOW AND INSPIRING
DOCUMENTARY Feat. DAVID HOLMGREN, THE
PERMACULTURE CO-ORIGINATOR. HELPING
US DIVE DEEPER INTO PERMA CULTURE
DESIGN & ITS PRINCIPLES.

WE ENDED THE
NIGHT WITH A

CULTURAL

with: EXCHANGE + PARTY!

- o stories from spain
- o nature doc of romania
- o traditional clothes talk
- o games and laughs

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DAY 8

OUTREACH



ON DAY 8, WE REFLECTED ON THE CONCEPT OF

RESILIENCE.

@ după gard we saw the structures in place, to support nature's built in resilience

+ other systems (swales, ponds, structures for attracting biodiversity)

AFTERNOON BROUGHT

OUR GREAT

PERFORMANCE ♥



learned how

to read the land.

how to spot where the water is



night included:

- presenting our project to the ppl of the village ✓
- musical + artistic performance ✓
- bonding with the village members + youth ✓
- joy, dance and abundance ✓✓✓



ANOTHER GREAT MOMENT OF SHARING FOOD.
THIS TIME, A GREAT MEAL PROVIDED BY THE
MAYOR OF POȘAGA HERSELF!!

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DAY 9

GOOD BYES

AND SO, AFTER 8 WHOLE DAYS OF ADVENTURES, LEARNING AND DREAMING FOR A BETTER FUTURE, TIME CAME THAT THE YOUNG SOULS FIND THEIR WAY BACK HOME.

with new dreams

to put into

ACTION

final hike to say bye to the

YouthPass

new skills acquired + opportunities to be discovered.

beautiful apuseni mountains.

THANK YOU.

IN THE NIGHT

we gathered and shared deeply from our hearts what touched us and what remained after our collective experience in the beautiful hills of

ROMANIA.

talking stick